

Pantry Hours
 Tuesday & Thursday 12-1pm
 Wednesday 12:30-2pm

December 2025

SCC Milieu Hours

Tues 9-3

Wed 9-3

Thurs 9-3

Computer Lab Open Till 4:15 pm Mon-Thurs

All SCC Activities Are Subject to Change

Call 914-345-5900 Ext 7100 and speak with Valerie about an event or to sign up for a social

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Nov 30 No Social	1 <u>In-Person Groups</u> No Milieu 12-1 Mindfulness 1-2 pm <i>Dream Big</i>	2 10:30 Meditation 11-12 Town Hall 12:30 Anthony's Art Group 1-2 Our Experiences 2-3 Advisory Board	3 10:30 Meditation 11-12 Poetry Club 11-12 Discovering Your Way 1-2 Chuck's Walking Group 1-2 Art Workshop 2-3 Game Hour	4 :30 Meditation 11-12 Creative Discussion 1 -2 Music Group 2-3 Healthy Relationships & Connections	5 <u>Online Groups</u> 12-1 Open Mic	6 Social Flaming Grill 11:30-2:30
7 Social Westchester Community Orchestra Holiday Music Ossining Library 12-3	8 <u>In-Person Groups</u> No Milieu 12-1 Mindfulness 1-2 pm <i>Dream Big</i>	9 10:30 Meditation 11-12 Improving Comm 12:30 Anthony's Art Group 1-2 Our Experiences 2-3 Culture	10 11-12 Discovering Your Way 1-2 Chuck's Walking Group 1-2 Art Workshop 2-3 Game Hour 2-3 Telling Our Story	11 10:30 Meditation 11-12 Creative 1-2 Music Group 2-3 Healthy Relationships	12 <u>Online Groups</u> 12-1 Open Mic	13 Social Untermeyer Gardens Holiday light Evening Trip
14 Hanukkah begins 	15 <u>In-Person Groups</u> No Milieu 12-1 Mindfulness 1-2 pm <i>Dream Big</i>	16 Sterling Holiday Party at Sams of Gedney Way 12-3pm Food and DJ	17 10:30 Meditation 11-12 Discovering Your Way 1-2 Chuck's Walking Group 1-2 Art Workshop 2-3 Game Hour 2-3 Telling Our Story	18 10:30 Meditation 11-12 Creative 1-2 Music Group Cafe 1-2 PFAC 2-3 Healthy Relationships 2-3 Advisory Board	19 <u>Online Groups</u> 12-1 Open Mic	20 Social Central Plaza Shopping Center/IHOP Yonkers 11:30-2:30pm
21 	22 <u>In-Person Groups</u> No Milieu 12-1 Mindfulness 1-2 pm <i>Dream Big</i>	23 10:30 Meditation 11-12 Improving Comm 12:30 Anthony's Art Group 1-2 Our Experiences 2-3 Culture	24 11-12 Discovering Your Way 1-2 Chuck's Walking Group 1-2 Art Workshop 2-3 Game Hour 2-3 Telling Our Story	25 Merry Christmas Sterling closed	26 <u>Online Groups</u> 12-1 Open Mic Happy Kwanzaa	27 Social No Social
28  Happy Kwanzaa	28 <u>In-Person Groups</u> No Milieu 12-1 Mindfulness 1-2 pm <i>Dream Big</i>	30 10:30 Meditation 11-12 Improving Comm 12:30 Anthony's Art Group 1-2 Our Experiences 2-3 Culture	31 10:30 Meditation 11-12 Discovering Your Way 1-2 Chuck's Walking Group 1-2 Art Workshop 2-3 Game Hour 2-3 Telling Our Story	Jan 1 New Year Day Sterling Closed	Jan 2 <u>Online Groups</u> 12-1 Open Mic	Jan 3 No Social

Transportation
 Kenza 914-512-4170
 Tyrone 914-916-0293

Inclement weather delays/closure:
 Call 914-345-5900 x7100 for a recorded msg

Zoom Group ID 8243571048
Passcode 2929

Guidelines for Personal Behavior at 29 Sterling

1. Use courtesy and respect toward all participants of the Sterling Community
 - a. Remember, the community includes everyone who works in the building, as well as those attending other programs!
2. We like to respect each other's privacy.
 - a. We all have the right to tell our own story
 - b. "Nothing about us without us"
3. We are all responsible for our words, behaviors, and reactions
 - a. Think first, then act
4. We all have a part in making Sterling a better place to be
 - a. By showing respect for the people, spaces, and resources
 - i. Cleaning up when needed, especially our messes
 - b. Keeping good personal hygiene, appropriate dress, etc.
 - c. Respecting our volunteers
5. We aspire to be a safe space – somewhere everyone is welcome and comfortable.
 - a. Discrimination, in any form, is not welcome
 - b. We address each other, and speak to each other with respect
 - c. Threats or violence of any kind are not tolerated.
 - d. Respect others boundaries – listen to what they say
 - e. Avoid asking to borrow money, cigarettes, ect.
6. Be assertive about expressing a need for boundaries
 - a. Ask staff for assistance if you feel uncomfortable.
7. Consider walking away from situations/other when there are unresolvable differences – or asking staff to mediate
8. Go to a staff member with any specific concerns or urgent situations- remember there is always someone at the front desk