

Pantry Hours
Tuesday & Thursday 12-1pm
Wednesday 12:30-2pm

All SCC Activities Are Subject to Change

August 2025

Call 914-345-5900 Ext 7100 and speak with Valerie about an event or to sign up for a social

SCC Milieu Hours

Tues 9-3

Wed 9-3

Thurs 9-3

Computer Lab Open Till 4:15 pm Mon-Thurs

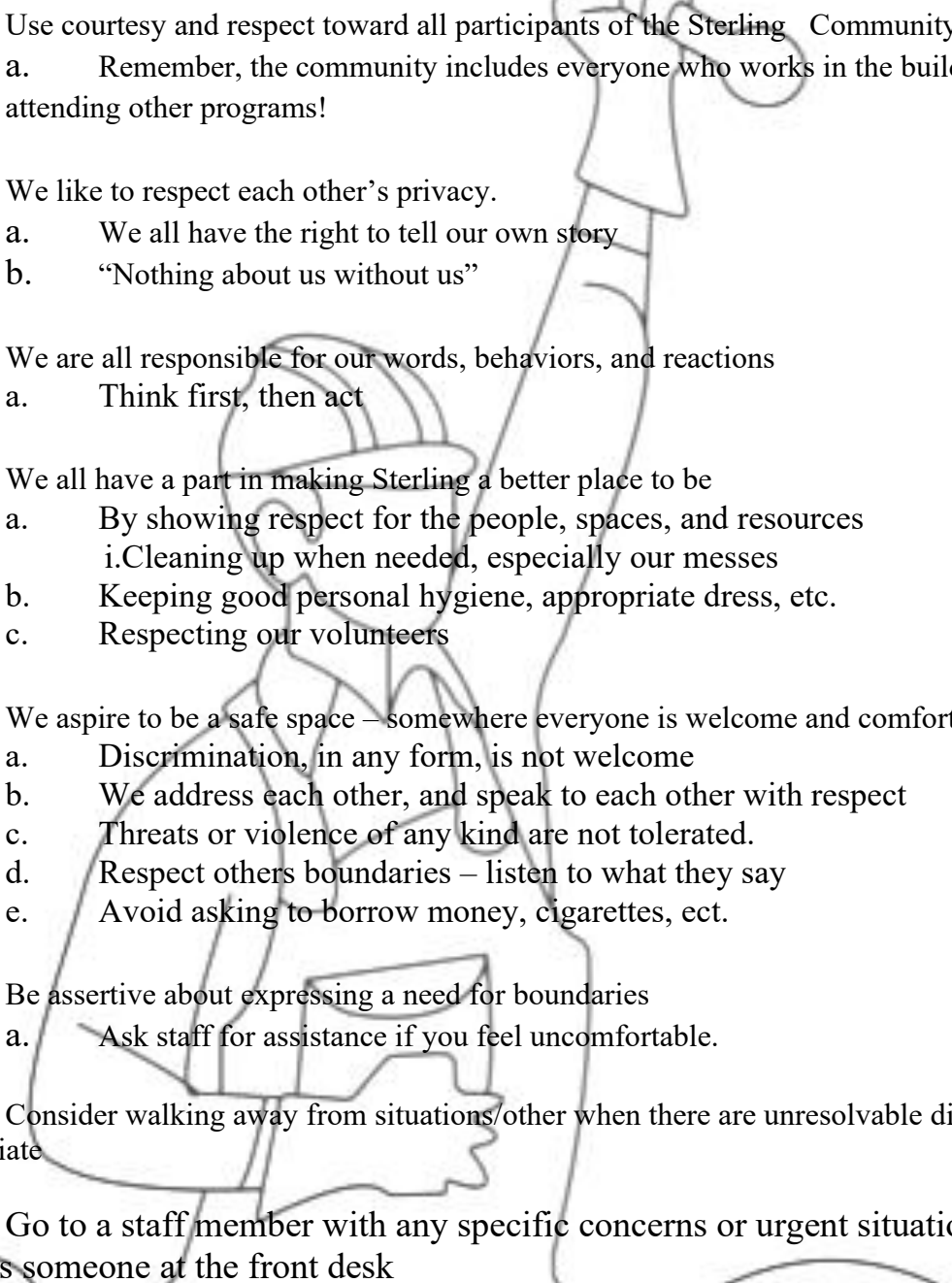
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|---|--|--|---|
| June 27 | June 28 <u>In-Person Groups</u> No Milieu 12-1 Mindfulness 1-2 pm <i>Dream Big</i> | 29 11-12 Town Hall Meeting 1-2 Our Experiences 2-3 Culture | 30 10:30 Meditation 11-12 Poetry Club 11-12 Discovering Your Way 1-2 Art Workshop 2-3 Game Hour | 31 10:30 Meditation 11-12 Creative Discussion 1 -2 Music Group | 1 <u>Online Groups</u> 1-2 Open Mic | 2 Social Chipotle Mamaroneck 11:30-2:30 |
| 3 | 4 <u>In-Person Groups</u> No Milieu 12-1 Mindfulness 1-2 <i>Dream Big</i> | 5 10:30 Meditation 11-12 Improving Comm 12:30 Anthony's Art Group 1-2 Our Experiences 2-3 Advisory Board | 6 10:30 Meditation 11-12 Poetry Club 11-12 Discovering Your Way 1-2 Art Workshop 2-3 Game Hour | 7 10:30 Meditation 11-12 Creative Discussion 1 -2 Music Group 2-3 Games | 8 <u>Online Groups</u> 1-2 Open Mic | 9 Social Barnes and Noble Hartsdale 11:30-2:30 |
| 10 | 11 <u>In-Person Groups</u> No Milieu 12-1 Mindfulness 1-2 <i>Dream Big</i> | 12 10:30 Meditation 11-12 Improving Comm 12:30 Anthony's Art Group 1-2 Our Experiences 2-3 Culture | 13 10:30 Meditation 11-12 Poetry Club 11-12 Discovering Your Way 1-2 Art Workshop 2-3 Game Hour | 14 10:30 Meditation 11-12 Creative Discussion 1 -2 Music Group 1-3 Monopoly | 15 <u>Online Groups</u> 1-2 Open Mic | 16 Social Sal's Pizza Mamaroneck 11:30-2:30pm |
| 17 Social Jewish Heritage Kensico Dam 11:30-2:30 | 18 <u>In-Person Groups</u> No Milieu 12-1 Mindfulness 1-2 <i>Dream Big</i> | 19 10:30 Meditation 11-12 Improving Comm 12:30 Anthony's Art Group 1-2 Our Experiences 2-3 Culture | 20 10:30 Meditation 11-12 Poetry Club 11-12 Discovering Your Way 1-2 Art Workshop 2-3 Game Hour | 21 10:30 Meditation 11-12 Creative Discussion 1-2 PFAC 1 -2 Music Group 2-3 Advisory Board 2-3 Healthy Relationships | 22 <u>Online Groups</u> 1-2 Open Mic | 23 Social Salvation Army Thrift Store Port Chester 11:30-2:30 |
| 24 Social Muslim Heritage Kensico Dam 11:30-2:30 | 25 <u>In-Person Groups</u> No Milieu 12-1 Mindfulness 1-2 <i>Dream Big</i> | 26 10:30 Meditation 11-12 Improving Comm 12:30 Anthony's Art Group 1-2 Our Experiences 2-3 Culture | 27 10:30 Meditation 11-12 Poetry Club 11-12 Discovering Your Way 1-2 Art Workshop 2-3 Game Hour | 28 10:30 Meditation 11-12 Creative Discussion 1 -2 Music Group 2-3 A Journey Through Instruments | 29 <u>Online Groups</u> 1-2 Open Mic | 30 China Star Buffet Scarsdale 11:30-2:30 |
| 31 | Sept 1 <u>Sterling Closed</u> Labor Day | Sept 2 11-12 Improving Comm 12:30 Anthony's Art Group 1-2 Our Experiences 2-3 Culture | Sept 3 10:30 Meditation 11-12 Poetry Club 11-12 Discovering Your Way 1-2 Art Workshop 2-3 Game Hour | Sept 4 11-12 Creative Discussion 1 -2 Music Group 2-3 Healthy Relationships | Sept 5 <u>Online Groups</u> 1-2 Open Mic | Sept 6 Yorktown Grange Fair 11:30-2:30 |

Transportation Number
914-512-4170

Inclement weather
delays/closure: Call 914-345-
5900 x7100 for a recorded msg

Zoom Group ID **8243571048**
Passcode **2929**

Guidelines for Personal Behavior at 29 Sterling

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1. Use courtesy and respect toward all participants of the Sterling Community
 - a. Remember, the community includes everyone who works in the building, as well as those attending other programs!
 2. We like to respect each other's privacy.
 - a. We all have the right to tell our own story
 - b. "Nothing about us without us"
 3. We are all responsible for our words, behaviors, and reactions
 - a. Think first, then act
 4. We all have a part in making Sterling a better place to be
 - a. By showing respect for the people, spaces, and resources
 - i. Cleaning up when needed, especially our messes
 - b. Keeping good personal hygiene, appropriate dress, etc.
 - c. Respecting our volunteers
 5. We aspire to be a safe space – somewhere everyone is welcome and comfortable.
 - a. Discrimination, in any form, is not welcome
 - b. We address each other, and speak to each other with respect
 - c. Threats or violence of any kind are not tolerated.
 - d. Respect others boundaries – listen to what they say
 - e. Avoid asking to borrow money, cigarettes, ect.
 6. Be assertive about expressing a need for boundaries
 - a. Ask staff for assistance if you feel uncomfortable.
 7. Consider walking away from situations/other when there are unresolvable differences – or asking staff to mediate
 8. Go to a staff member with any specific concerns or urgent situations- remember there is always someone at the front desk