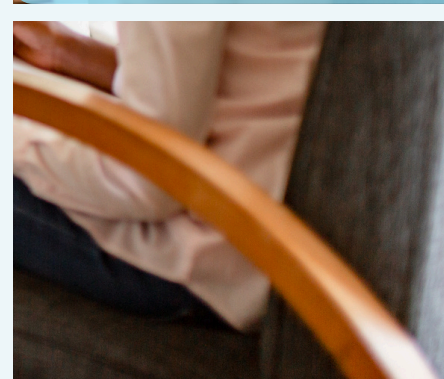
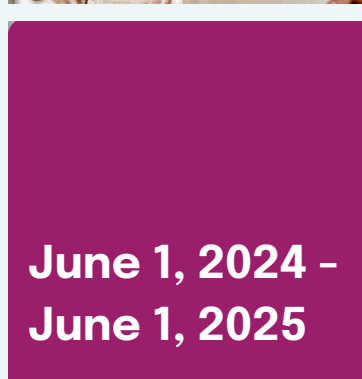
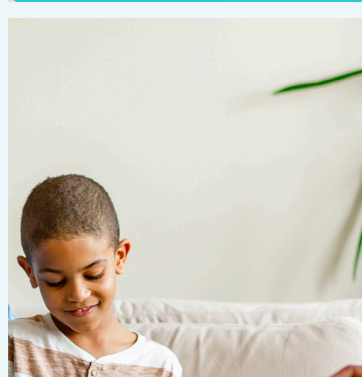
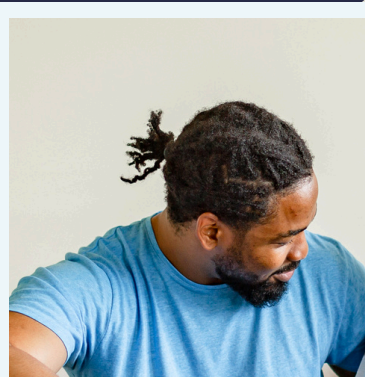
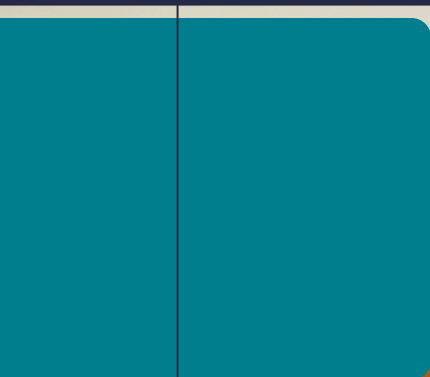


Impact Report

Celebrating **one
year of impact**
as Greater Mental
Health of New York



June 1, 2024 -
June 1, 2025

Reflecting on one year as **Greater Mental Health of New York**

“ —

The merger between The Mental Health Association of Westchester and The Mental Health Association of Rockland is an exciting evolution of our two organizations, each of which have been deeply committed to meeting the evolving needs of our community for nearly 80 years. **As one organization, our combined expertise and values enable us to enhance our mission of promoting mental health through advocacy, community education and direct services.**

— ”



Stacey Roberts, LCSW

Chief Executive Officer




Today. Tomorrow. Together.

For nearly 80 years, we have promoted the mental and emotional well-being of individuals throughout Westchester and Rockland counties and beyond. Our wide array of behavioral health and substance use treatment services support people of all ages as they navigate their unique journeys, with the goal of providing the care that is right for each individual and their goals.

Through our robust direct care services, as well as our advocacy efforts and community education opportunities, Greater Mental Health is able to meet the needs of thousands of individuals and families each year, helping them live independent lives in the community.

 greatermentalhealth.org

 914-345-5900

 help@greatermentalhealth.org

 580 White Plains Road, Suite 510
Tarrytown, NY 10591



Our Impact

With more than 50 programs and services throughout Westchester and Rockland, Greater Mental Health serves thousands of individuals each quarter and touches the lives of countless more through the ripple effect of our work and our community education and engagement efforts. **Our care supports recovery, combats stigma, and strengthens our greater community.**

600+

children and youth engaged in services.



54

programs and services delivering person-centered care.

547

intra-agency referrals have been made since the merger, connecting individuals to additional care and support.



204,000

services were delivered.

24,812

people were reached through community education events and campaigns.

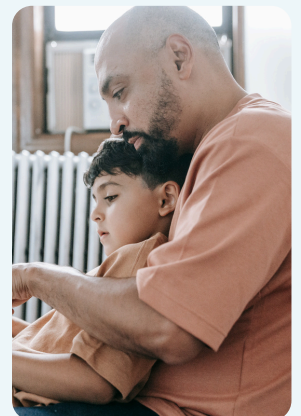


93%

of clients would recommend Greater Mental Health to friends and family.

385

adults turned housing into home with our suite of Residential Services.



3,280

individuals received care and support through our clinic services.

156

adults engaged in Personalized Recovery Oriented Services (PROS) in Rockland.

95%

of clients report that their lives have improved thanks to Greater Mental Health.

1,110+

adults engaged in Care Management services to support their goals of remaining healthy in the community and avoiding hospitalization.

WHO WE SERVE

Children & Youth

We provide a range of clinical services, community-based care management, and therapeutic supports that focus on each child, adolescent or young adult's personal strengths, network of supports and local resources. Our team works to create personalized treatment plans utilizing our wraparound services to meet each family's specific needs and goals.

Care Management

- [Health Homes Serving Children \(HHSC\)](#).
- [ACHIEVE – System of Care High Fidelity Wraparound](#)

Children's Advocacy & Welfare Services

- [Court Appointed Special Advocates \(CASA\)](#).
- [Cross Systems Unit](#)
- [Host Visitation](#)
- [Independent Third Party Review](#)

Peer & Family Support

- [Family Support Services](#)
- [Children and Family Treatment and Support Services \(CFTSS\)](#).
- [Youth Assertive Community Treatment \(ACT\)](#).

Postvention Support

- [Postvention Support Services](#)

Respite Services

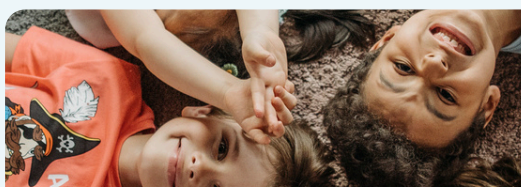
- [Children's Respite](#)

Substance Use Recovery, Treatment & Support Services

- [Substance Use Recovery, Treatment, and Support Services](#) (for children over 12)

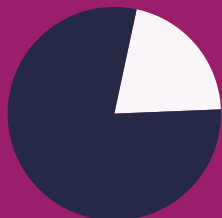
Treatment Services

- [Integrated Behavioral Health Clinic Services](#)
- [Children and Family Treatment and Support Services \(CFTSS\)](#).
- [Youth Assertive Community Treatment \(Youth ACT\)](#).
- [Mobile Mental Health](#)
- [Crisis Stabilization](#)
- [Substance Use Recovery, Treatment, and Support Services](#)
- [OnTrackNY](#)
- [Children's Clinic-Based Intensive Outpatient Program \(CBIOP\)](#).
- [Partners in Parenting \(PIP\)](#).
- [DSS Hybrid Clinic](#)
- [Functional Family Therapy – Child Welfare](#)



OUR IMPACT

On The Children & Youth We Serve



21% of Greater Mental Health's clients are under 18 years old.

Host Visitation

For the approximate 200 Westchester County children in foster care, frequent and ongoing contact with their families is critical. Visiting reduces the trauma that children experience by being separated from their families and increases their chances of living in a permanent home. Volunteer Visit Hosts guide parents as they cope with their own feelings, respond to the unique needs of their children, and build on the strengths in each family.

351

Visits facilitated by our trained volunteers who provide observations on the child and guide parents on how to increase parental capacity.

&

25

Families supported by Host Visitation.

Youth Assertive Community Treatment (Youth ACT)

is designed to address the significant mental health needs of youth who are at risk of entering or returning home from high-intensity services, such as inpatient or residential services.

37

children & youth aged 10 - 21 received care from the Youth ACT team.

Court Appointed Special Advocates (CASA)

CASA Volunteers serve youth in foster care or at risk of placement. Each volunteer completes specialized training in order to monitor and report on the physical and behavioral health, and educational needs of youth in the child welfare system. Exclusively dedicated to understanding and advocating for the child's welfare, these volunteers provide critical recommendations to the court based on their knowledge of each child's circumstances.

Number of youth served by CASA:

176

2,510

hours our 73 trained volunteers spent working with youth in foster care or at risk of placement.

“ —

I started seeing Rachel [one of Greater Mental Health's Youth Peer Specialists] in January of 2023, when I was very troubled and always having run-ins with the police. Rachel has been a huge support and is a big part of how I made it to where I am today. I'm 16, graduating early from high school, and I'm already accepted to Rockland Community College. I don't know where I would be today if it wasn't for Greater Mental Health. I'm so thankful to have them in my support circle.



— ”

Success Story

The impact of our school-based services on Jasmine*, a seventh grader in Rockland County, as told by her clinician, Marilyn Thompson, LMFT.

Greater Mental Health clinicians provide support at

5 Rockland Schools



where

86

students like Jasmine* received school-based services

“

As a school-based clinician, one of the most impactful stories I can share is about a seventh grader named Jasmine, who was referred for services after her teachers noticed a significant decline in academic performance, increased isolation, and emotional outbursts in class.*

Prior to receiving on-site support in her school, Jasmine's family encountered major challenges to therapy access, including a lack of transportation, financial restraints, and scheduling difficulties related to her single mother's rigorous work hours. Without on-site help, Jasmine would have most likely continued to slip through gaps in care, her emotional needs missed owing to systemic issues.

Being located in the school allowed for a prompt and compassionate response. I was able to meet Jasmine on a weekly basis in a familiar, comfortable environment—just down the hall from her classroom. We started creating rapport with brief check-ins and creative interventions, like art and journaling. Jasmine gradually opened up about her anxiousness, which stemmed from domestic instability and frequent peer conflicts. By working closely with her teachers and school personnel, we were able to build a constant support system around her.

Jasmine made great progress in just a few months, participating more in class, developing positive connections, and even joining one of the school's athletic teams. Most importantly, she said she felt "seen and understood" for the first time in a long while.

This is just one of many stories that show how on-site mental health services are not just practical, but also life-changing. By reducing logistical barriers and integrating care into a student's daily routine, we ensure that help is available, timely, and effective.

”

OUR IMPACT

On The Children & Youth We Serve *continued.*

Crisis Stabilization

Provides an innovative team approach to stabilizing children at risk for crises through short-term consultation and treatment, intensive crisis respite support, and family peer advocacy.

31

children & youth at risk of crisis that we supported.

Children's Care Management

We work to meet the diverse needs of each child that needs support with challenges related to social, emotional, behavioral health or substance use issues. We utilize the full menu of our wraparound services to enable each child to maintain well-being.

Our Children & Family Treatment and Support Services (CFTSS) supported

131 children

210 children

were engaged with our Health Homes Serving Children (HHSC) program

Functional Family Therapy – Child Welfare

42 children

were helped by utilizing evidence-based therapeutic models to address behavioral health needs, strengthen relationships, reduce risk factors, and prevent foster care placements.

Partners in Parenting

Our home-based Partners in Parenting (PIP) treatment is a recovery-oriented program that helps parents who have behavioral health conditions create brighter futures for themselves and their children.

Services focus on:

- Improvement of decision-making and parenting skills
- Maintaining custody of children
- Reducing the risk of hospitalization
- Developing stronger social networks
- Managing a consistent and nurturing environment in which families can flourish
- Working toward employment or educational goals
- Providing mental health treatment for at-risk youth

76

parents created brighter futures for themselves and their children.



OnTrackNY

is an innovative early intervention service for young adults who have recently started to experience symptoms of psychosis. Our OnTrackNY team helps individuals get back “on track” with their lives through clinical and support services, substance abuse treatment, social skills training, family support, and education. Our diverse team includes professionals in health, mental health, peer support, and school and work.

Received support from OnTrackNY with:

- Returning to school
- Getting or keeping a job
- Discovering new skills
- Considering medications and other strategies for managing mental health

54 youth



Success Story

The impact of working with a Youth Peer Specialist in our clinic, as told by Sean*, an 11 year old who has been engaged in our services for two years.

“ —

When my dad left, everything felt like a big storm in my head and my heart. I didn't understand why he was gone, and I felt really sad and angry all the time. My mom tried to help, but I didn't always know how to talk about what I was feeling. Plus, I have ADHD, which means my brain moves really fast and sometimes I get overwhelmed or frustrated easily.

Rachel was kind from the very beginning during the Peer Support services. She didn't make me feel weird, rushed or wrong. She just listened to me, like really listened. If I'm not ready to talk about my feelings or problems she doesn't pressure me but makes sure I know she's there for me when I am ready. She has made me laugh, and I started to look forward to our time together every week.

Rachel helped me learn how to slow down my thoughts when they feel too loud. Having Rachel feels like I have a friend who understands me. When I talk to Rachel, I feel like I'm not completely broken. I feel stronger even when I don't feel like talking much. I started doing better with my friends at school, because I talk things out with her when I feel bothered, even if it takes some time to let it out.

Rachel helped me believe that I'm more than the things that are hard for me. I'm smart, I'm kind, and I'm not alone. Thanks to Peer Services and Rachel, I'm starting to smile again.

— ”

WHO WE SERVE

Adult Services

From clinic services, community-based care, and peer support to housing and employment services, our range of programs aim to support an individual's unique goals and promote independence and recovery for adults.

Care Management

- [Assertive Community Treatment \(ACT\)](#)
- [Community Oriented Recovery and Empowerment Services](#)
- [Health Home Serving Adults](#)
- [Integrated Behavioral Health Clinic Services](#)

Deafness Advocacy

- [Deafness Advocacy](#)

Employment

- [Employment Services](#)
- [Integrated Behavioral Health Clinic Services](#)

Peer Support

- [Compeer Program](#)
- [Community Oriented Recovery and Empowerment Services](#)
- [Drop-In Program](#)
- [Intensive and Sustained Engagement Team \(INSET\)](#)
- [Reach One](#)
- [Sterling Community Center](#)
- [Westchester Recovery Networks](#)
- [Linking Individuals to Needed Community Supports \(LINCS\)](#)

Suicide Postvention Support

- [Postvention Support Services](#)
- [Survivors of Suicide \(SOS\) Group](#)

Residential Services

- [Residential Services](#)

Substance Use Recovery, Treatment & Support Services

- [Substance Use Recovery, Treatment, and Support Services](#)
- [Linking Individuals to Needed Community Supports \(LINCS\)](#)
- [Integrated Behavioral Health Clinic Services](#)

Support & Rehabilitation

- [Benefits Assistance](#)
- [Community Oriented Recovery and Empowerment Services](#)
- [Housing Outreach Mobile Engagement \(HOME\)](#)
- [Mobile Outreach Team \(MOT\)](#)
- [Planned Respite](#)
- [Single Homeless Assessment Center \(SHAC\)](#)

Treatment Services

- [Integrated Behavioral Health Clinic Services](#)
- [Adult Sex Offender \(ASO\) Program](#)
- [Assertive Community Treatment \(ACT\)](#)
- [Community Oriented Recovery and Empowerment Services](#)
- [Intensive Outpatient Services \(IOP\)](#)
- [Partners in Parenting](#)
- [Program for Self Discovery \(PROS\)](#)

WHO WE SERVE

Family & Friends

of someone affected by a behavioral health condition

At Greater Mental Health of New York, we recognize the impact mental health and substance use challenges can have on family members and loved ones. We offer a range of support services for those affected by a family member or friend's behavioral health conditions, including support groups, respite, peer support, and educational resources and opportunities.

Deafness Advocacy

- [Deafness Advocacy](#)

Peer and Family Advisory Council

- [Peer and Family Advisory Council](#)

Respite Services

- [Planned Respite](#)
- [Respite Services: Activities Group for Kids](#)

Suicide Postvention Support

- [Postvention Support Services](#)
- [Survivors of Suicide \(SOS\)](#)

Support

- [Children and Family Treatment and Support Services \(CFTSS\)](#)
- [Family Support Services](#)
- [Parents of Teens Support Group](#)



OUR IMPACT

On The Adults We Serve

Sterling
Community
Center
(SCC)

The **Sterling Community Center** is a space for adults with behavioral health conditions to find support and social activities. SCC offers classes to learn new skills, volunteer opportunities, evening and weekend social activities, and peer support. In addition to a robust calendar of classes and activities, SCC is also home to a food pantry for participants and community members, a café, and services that support recovery (Employment Services, Peer Specialist Training, and Assertive Community Treatment (ACT)).

2,000+ nutritious meals served per year.

approx. 5,900

rides coordinated by Greater Mental Health transportation or MetroCards, connecting people to vital support like recovery-related travel, employment, and social activities.

1,000+ visits by
120 individuals

that regularly visit for activities, classes, services and social support.

Residential
Services

Our **residential services** are centered around the belief that individuals with behavioral health conditions can recover and make choices regarding their living, working, and social environments, allowing them to live the most independent lives possible. Greater Mental Health offers programs that are transitional and provide skills training, as well as more permanent placements. Additionally, we operate three community-based, supportive residences with on-site staff 24 hours a day for those with visual or physical disabilities.

120 individuals
including 10 families

received support with housing searches and placement into supportive housing, treatment apartments or congregate community residences.



“ —

The ongoing support I've gotten from Greater Mental Health has helped me stay grounded when things felt overwhelming. My clinician always gives me helpful information or resources when I need it. Knowing I have someone to check in with who listens and truly cares has made a big difference for me.

— ”

OUR IMPACT

On Adults We Serve *continued.*

Compeer

Compeer matches friendly, sociable volunteers with adults in Rockland County who are in sustained recovery for their mental health. The volunteer and their matched Compeer typically take walks, grab a bite to eat, watch a movie, go shopping, or catch a sporting event together.

1,107
volunteer
hours

spent with
22 clients
who receive an
extra level of
positive friendship,
support, and social
interaction through
their Compeer.

Peer Specialist Training Program

Offered three times a year, our Peer Specialist Training program offers a path toward employment for people with lived experience of mental health conditions.

In addition to in-person classroom training, we help arrange a 100-hour supervised workplace internship experience placement.

39 graduates from the
program this year spent

282 hours
completing Peer Specialist Trainings.

Employment Services

We offer a variety of employment services to help individuals with behavioral health conditions gain independence through work, supporting them as they prepare and develop skills for, choose, and maintain meaningful employment.

21
people
secured
a job

that supports their
recovery goal of finding
stable employment.

&

43
people

retained jobs
while working
with Employment
Specialists.

87
adults

**engaged in Greater
Mental Health's
Substance Use
Recovery, Treatment,
& Support Services**

Community Oriented Recovery & Empowerment (CORE)

CORE is centered around helping adults meet personal recovery goals. Participants learn to live more independently by learning self-advocacy skills, seeking education or employment and managing their health so they can receive care that encourages wellness.

129 adults built life skills by
working with our CORE
program.



The Impact of Integrated Care

At Greater Mental Health, we believe meaningful employment, a sense of community, and safe, comfortable housing are key components to an individual's wellness. Learn how team members in our Residential and Employment Services and Sterling Community Center provided person-centered, wraparound care to support Shirley:



When Shirley first joined Greater Mental Health of New York 15 years ago, she lived in a group residential setting within our supportive housing program. She was unemployed at the time but found meaningful ways to engage in activities and workshops at the Sterling Community Center in White Plains.

A team member from Employment Services, which is based at the Sterling Community Center, approached Shirley to discuss the possibility of re-entering the workforce. Hesitant at first, Shirley became eager to learn more and began working with an Employment Specialist. Based on her experience and goals, her Employment Specialist helped Shirley explore different opportunities and search and apply for jobs. Shirley began working at a local retailer and continued working with her Employment Specialist who began providing job coaching.

Over time, Shirley transitioned into her own supportive housing apartment and began saving diligently, ultimately purchasing a car which she now uses to commute to work. Years later, Shirley continues to work for the same company, where her employer shares that she is a model employee: hardworking, conscientious, and dependable. Shirley's coworkers appreciate her, and her supervisor praises her positive attitude and strong work ethic. She continues to meet with her Employment Specialist, who helps her maintain her meaningful career.

Most recently, Shirley was honored with the Employee of the Quarter Award, which recognizes outstanding contributions and dedication.

Celebrating the Power of Connection

In October, nearly 250 community members celebrated the Power of Connection at Greater Mental Health's annual Gala, held at Tappan Hill Mansion in Tarrytown. **Thank you to all who joined us to honor Barclay Damon LLP, Yvonne Tropp-Epstein, and Maria Idoni as we celebrated our newly merged organization.**



The outpouring of support and generosity at Greater Mental Health's inaugural Power of Connection Gala helped us deliver life-changing and life-saving mental health and substance use disorder services to thousands of children, youth and adults throughout the Lower Hudson Valley region.

These vital connections not only transform lives, but also strengthen communities and offer hope to those in need. **This is the power of connection – bridging gaps and breaking barriers to ensure brighter futures for all.**

The 2024 Power of Connection Gala was a sold-out success; stay tuned for the 2025 Gala on Wednesday, October 15!

The Power of Connection

We are grateful for the sponsors that helped make our 2024 Power of Connection Gala a success! Their commitment to Greater Mental Health provides life-changing and life-saving care to thousands of individuals and families each year in Westchester and Rockland counties.

Diamond Sponsor



Platinum Sponsors

Meryl A. Allison & Elisa E. Burns, M.D.

Jen and Steve Kasoff

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Awards & Accomplishments

June 2024

- The Mental Health Association of Westchester and The Mental Health Association of Rockland merged and rebranded as Greater Mental Health of New York.
- Barbara Morgen, a CASA Supervisor, received the Mary Rich Award at the CASA of New York State's Diamond and Hearts Gala.

December 2024

- Dillon Browne, LMSW, NYCPS, Director of Psychosocial and Peer Services, graduated from Nonprofit Westchester's Emerging Leaders Program.

January 2025

- Chief Program Officer Ruthanne Becker received City & State NY's "50 Over 50" award.

April 2025

- Our Upper Nyack Mental Health Outpatient Treatment and Rehabilitative Services Clinic relocated to our Valley Cottage location. Clinic services include individual, family and group therapy; medication management; nursing; and care management. With this new location, we are pleased to offer our clients a warm hand-off to additional programs and services that support recovery, including access to the on-site Genoa Pharmacy.
- Chief Executive Officer Stacey Roberts, LCSW received the "Above and Beyond" award from City & State NY.

May 2025

- Vice President of Children's Services Deirdre Sferrazza was honored with a Lifetime Achievement Award at the "What's Great in Our State" ceremony.
- Greater Mental Health was awarded the highest level of the Mental Health America Bell Seal for Workplace Mental Health, acknowledging that we exceed the national standards for workplace mental health practices.
- Our Court Appointed Special Advocate (CASA) program was recognized by CASA New York State at their annual Diamond & Hearts Gala, along with our longtime CASA Supervisor Benita Marks who was posthumously honored for her legacy of positive impact on the children she worked with and her deep commitment to service.



Your support makes an impact.

Greater Mental Health's belief that everyone deserves greater mental health is why we ensure that **financial barriers never prevent access** to high-quality mental health services for people of all ages and backgrounds.

And right now, your support is needed more than ever.

More than 70% of our clients at our clinics access care through Medicaid and Medicaid Managed Care, and more still are only able to receive care thanks to self-pay models partially subsidized by federal funding.

Connections to vital outpatient services and community-based programs for individuals struggling with incarceration, homelessness, and severe mental health challenges are at risk right now.

Mental health care isn't just about offering services: it's about ensuring the highest quality of care for those who need it most. **Donations also help us train and support our direct care providers, ensuring they latest knowledge, best practices, and trauma-informed approaches needed to help change and save lives.** Better-trained providers mean better outcomes for children, teenagers, and adults.

But training alone isn't enough. Behind every life-changing service, there's a foundation of critical infrastructure, operational support, and essential resources that keep our programs running. **Supporting general operating costs ensures we can maintain clinics, fund community outreach, sustain advocacy efforts, and reach more individuals in need.**

Every dollar contributes to subsidizing care, furthering the expertise of our providers, and building the sustainability of our services – ensuring no one is left behind.

**When you invest in mental health, you invest in brighter futures.
Make an impact today at greatermentalhealth.org/donate**

Our Supporters

Gifts of all sizes make an impact. We are grateful for the generosity and commitment of our donors.

\$10,000+

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