greater mental health of New York

Changing Lives, Saving Lives

A Case for Support

At Greater Mental Health of New York, our care is more than life-changing: it's **life-saving**.

We believe everyone deserves greater mental health, which is why together we must ensure that **financial barriers never prevent access** to high-quality mental health care.

Right now, federal funding cuts threaten access to the very care that saves lives. More than 70% of people engaged in our clinic services access care through Medicaid and Medicaid Managed Care.

And it's more than just coverage at risk: federal funding helps subsidize the the cost of care for people who can only afford services thanks to sliding scale fees.

Your support can help us fill these gaps and foster stronger mental health - and stronger communities.

AS HEALTH CARE COVERAGE AND CONTRACTS ARE THREATENED BY FEDERAL FUNDING CUTS, MENTAL HEALTH CONTINUES TO GROW AS A PUBLIC HEALTH CRISIS.

Nearly 1 in 4 adults face a mental health issue each year, and a quarter of those experiencing significant issues are unable to access care due to costs.

Our nation's young people continue to struggle with mental health: 1 in 5 young people between the ages of 12 and 17 experienced at least one major depressive episode last year. And more than half did not receive any mental health treatment.

In times of uncertainty and disconnection, our community and our most vulnerable neighbors need us now more than ever. For individuals struggling with incarceration, homelessness, and severe mental health challenges, the need is even higher, and their access to vital outpatient services and community-based programs is at risk.

YOUR SUPPORT PROVIDES CONNECTION, COMMUNITY, AND CARE.

Nearly 5,000 people are supported through our direct services each quarter. Countless more are touched by the ripple effect of our work, as well as our community education and engagement efforts. With more than 50 programs and services throughout Westchester and Rockland, our care supports recovery, fosters understanding, and strengthens our greater community.

Your investment in Greater Mental Health helps fill critical gaps in care and coverage, subsidizing outpatient mental health services and ensuring people in financial need are able to connect with caring, highly trained professionals.

Investing in excellence

Your support uplifts our community in more ways than one. In addition to subsidizing vital behavioral health care services, you can contribute to the sustainability of our services – ensuring no one is left behind.

Greater mental health goes beyond delivering services: it's about ensuring the highest quality of care for those who need it most. Your generosity helps us train and support our direct care providers, ensuring they are equipped with latest knowledge, best practices, and trauma-informed approaches needed to help changes lives – and save lives.

When clinicians and other direct care providers have access to specialized training, they become more effective at recognizing signs of crisis, developing personalized treatment plans, and guiding individuals toward long-term healing.

Better-trained providers mean better outcomes for children, teenagers, and adults.

Behind every life-changing service, there's also a foundation of critical infrastructure, operational support, and essential resources that keep our programs running. Unrestricted donations help us maintain clinics, fund community outreach, sustain advocacy efforts, and reach more individuals in need.

Your investment in mental health is an investment in brighter futures and stronger communities.

Making greater mental health possible – for more people, in more ways.

Greater Mental Health of New York provides a range of integrated services, with more than 50 offerings designed to support people of all ages, beginning at birth.

With our brick-and-mortar outpatient mental health clinics in Rockland and Westchester, our peer-run Community Center and substance use disorder clinic locations in White Plains, and our community-based services offering care management, clinical therapy, and peer support, we deliver help where, when and how it's most needed. Greater Mental Health also offers employment support and a large portfolio of residential services to help adults build meaningful and independent lives in the community.

Helping young people feel safe, seen, and supported, on their terms.

We provide a range of clinical services, community-based care management, and therapeutic support services to help children and youth heal, grow and thrive. Our team creates personalized treatment plans to meet each family's specific needs and goals in services such as :

- Clinical Treatment Services
- Care Management
- Advocacy and Welfare Services
- Peer and Family Support
- Respite Services
- Substance Use Recovery, Treatment and Support

Meeting adults where they are and helping them move forward.

From clinic services, community-based care, and peer support to housing and employment services, our range of programs support an individual's unique goals and promote independence and recovery. Services include:

- Clinical Treatment Services
- Care Management
- Support & Rehabilitation
- Substance Use Recovery, Treatment and Support
- Peer Support
- Employment Services
- Residential Services
- Deafness Advocacy

Making space for loved ones to show up, and be supported, too.

At Greater Mental Health of New York, we recognize the impact mental health and substance use challenges can have on family members and loved ones. We offer a range of supports for those affected by a family member or friend's behavioral health, including:

- Support
- Suicide Postvention and Support
- Respite

Strengthening our community. Today, tomorrow, together.

Contact us to learn how a gift you make today creates an impact for tomorrow.

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